



BRIGHT BEGINNINGS

Join us for a 31 day challenge of learning
new skills and growing. You are **NEVER** too old
to learn something new!





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monthly message from bestie Dani

This month's theme introduced

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calendar of challenges

1 challenge every day to go outside our boxes & learn new skills!

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grand prize information

Challenges are always fun, but prizes add in a little motivation!

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daily reminder

Print this quote out as a daily reminder of why you're doing this challenge!

hey bestie!

Welcome to the Bright Beginnings Challenge! We are absolutely thrilled to have you join us for this exciting 31-day journey of learning, growth, and discovery. Throughout the month of August, you'll have the opportunity to explore new skills, step outside your comfort zone, and embrace the joy of continuous learning.

The purpose of this challenge is to remind us all that no matter our age or stage in life, there is always something new to learn and experience. Whether it's trying your hand at a new craft, delving into a different culture, or simply reflecting on personal growth, each day of this challenge is designed to inspire and empower you.

What to Expect:

Daily Prompts: Each day, you will receive a new prompt designed to introduce you to a variety of skills and hobbies. From cooking and crafting to meditation and financial planning, there's something for everyone! In this packet you will see our 31 Day Calendar attached!

Community Engagement: Share your progress, challenges, and successes with our Bestie community in the Inner Circle!. Connect with fellow participants, offer support, and celebrate each other's achievements.

Prize At The End: OF COURSE!! The winner of our Bright Beginnings Challenge will receive \$200 cash to go towards your new hobby and skills that you grow to LOVE!

We are excited to embark on this journey with you and can't wait to see all the incredible things you'll learn and achieve. Together, we'll illuminate new paths, discover hidden talents, and grow in ways we never imagined.

Let's make this August one of Bright Beginnings!

love you!!!

xoxo Dani

Founder, Today's The Best Day



August

Join us for a **31 Day challenge** of learning new skills and growing. You are **NEVER** too old to learn something new!

SUN	MON	TUE	WED	THU	FRI	SAT
				1 Goal Setting: Define what new skill or hobby you want to explore this month.	2 Journaling: Start a journal to document your daily experiences.	3 Creative Writing: Write a short story or poem.
4 Photography: Take a photo walk & capture interesting shots.	5 DIY craft: Create a simple DIY project.	6 Cooking/Baking: Try a new recipe.	7 Dance: Learn a new dance move or routine.	8 Nature: Spend time in nature & learn how to take care of plants/flowers	9 Volunteering: Find a small way to give back to the community.	10 Public speaking: Practice a speech or how to introduce yourself in front of a mirror
11 Gardening: Plant something new or tend to a garden.	12 Painting/Drawing: Create a piece of art.	13 Learn a language: Start learning the basics of a new language.	14 Music: Learn to play a simple tune on an instrument.	15 Social Media: Find new ways to spread light on the internet.	16 Reading: Start reading a new book or article on a topic of interest.	17 Sewing/Knitting: Try a basic sewing or knitting project
18 Mindfulness: Practice a mindfulness exercise.	19 Financial Planning: Learn about budgeting or financial planning.	20 Technology: Explore a new app or technology tool.	21 Cooking/Baking: Make a dish from a different culture.	22 Meditation: Practice a guided meditation session.	23 Fitness: Try a new workout or fitness routine.	24 Blogging/Vlogging: Create a blog post or vlog about your experiences.
25 Home Improvement: Try a small home improvement project.	26 Gratitude: Write a list of things you're grateful for & why.	27 Cultural Exploration: Learn about a new culture or tradition.	28 Science: Conduct a simple science experiment.	29 Puzzles/Games: Solve a puzzle or play a new game.	30 Yoga: Practice a yoga session.	31 Reflection: Reflect on what you've learned & plan your next steps for continued growth.

The purpose of this challenge is to step outside our comfort zone & learn new skills!
 This calendar is **OPTIONAL** - you can absolutely learn skills not listed each day.
 This is meant to be your guide if you don't know what you want to learn that day!



GRAND PRIZE

participate in the



BRIGHT BEGINNINGS

challenge for a chance to win!
Winner will receive **\$200 CASH**
to go & spend on their
new hobby or skill they learned!



You are

never

too old to dream a new dream
or to learn a new thing!

