



Fall in The Frame:

A Bestie Bucket List Challenge

Join us for a **31 Day challenge** to make memories &
be **IN** the pictures, not just behind the camera



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daily reminder

Print this quote out as a daily reminder of why you're doing this challenge!





hey bestie!

Welcome to the Fall in the Frame: Bestie Bucket List Challenge!

I am so thrilled to have you join us for this incredible journey of making memories and capturing them in a meaningful way! As women, we often find ourselves behind the camera, making sure everyone else's moments are perfectly framed. But how often do we step into the frame, making ourselves part of the memories? This challenge is designed to change that!

What You Can Expect:

Over the next 31 days, you'll be using our list of 50 Fall Fun Things To Do to create unforgettable moments with the ones you love. Whether it's a cozy evening at home, a festive trip to the pumpkin patch, or a spontaneous fall walk, these activities are designed to help you live in the moment. But there's more! We're going to encourage you to be IN the photos – because your presence matters.

Here's How It Works:

You'll capture these moments by stepping in front of the camera – whether it's through a selfie, asking someone to take the photo for you, or using the timer on your phone. The goal is to not only create special memories but to also have tangible reminders of these experiences that feature **YOU**.

Why This Matters:

By the end of this challenge, you'll have a collection of beautiful memories that you were a part of, not just an observer. You'll find yourself more comfortable being in the photos, and in doing so, you'll be part of the stories your family and friends will cherish for years to come. It's time to celebrate **YOU** and the moments you create with those you love.


How It Will Change Your Life:

This challenge isn't just about snapping photos; it's about living fully in the moment and honoring your role in the lives of those you care about. You'll grow more confident, embrace the beauty of imperfections, and realize that your presence in these memories is as essential as the people you love. So get ready to make memories, share laughter, and most importantly, step into the frame. Let's make this fall one to remember!

love you!!!

xoxo Dani

Founder, Today's The Best Day



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- Visit a pumpkin patch
- Carve or paint pumpkins
- Have a cozy movie night with fall-themed snacks
- Go apple picking at an orchard
- Bake a homemade apple pie
- Take a scenic drive to see the fall foliage
- Host a bonfire & roast marshmallows
- Go on a hayride
- Jump in a pile of freshly raked leaves
- Visit a local farmers' market for fall produce
- Decorate your home with fall decor
- Have a fall-themed photoshoot outdoors
- Attend a local fall festival
- Make caramel apples
- Visit a corn maze
- Create DIY fall crafts with leaves & pinecones
- Drink hot apple cider or pumpkin spice lattes
- Watch a football game
- Go on a hike
- Have a cozy pajama day with a good book
- Collect colorful leaves & make a scrapbook
- Bake pumpkin bread or muffins
- Go on a ghost tour or visit a haunted house
- Host a chili cook-off with friends
- Take a walk in the rain with an umbrella
- Plan a fall picnic in the park
- Attend a fall flea market or craft fair
- Make a gratitude list or journal
- Create a fall-inspired playlist
- Have a game night with seasonal treats
- Go stargazing on a crisp fall night
- Wear a cozy sweater or loungewear
- Have a spooky movie marathon
- Light a fall scented candle
- Dress up like a witch
- Go for a scenic drive
- Plant bulbs for springtime flowers
- Take a bike ride through a nature trail
- Create a fall wreath for your front door
- Make butternut squash or pumpkin soup
- Go camping or set up a tent in the backyard
- Visit a place you have never been
- Write a letter to a friend or family member
- Take a fall family photo for holiday cards
- Watch a Halloween movie with a cozy blanket
- Bake cookies & deliver them to neighbors
- Dress up for Halloween
- Ding Dong Ditch/"Boo" a family in your neighborhood
- Make s'mores around a fire pit
- Pass out candy to children or go trick-or-treating

These memories can be made alone, with a spouse, with children, or with a friend!

Just be sure to get **IN at least one photo when you check it off the list!**

The background features a warm, autumnal color palette of gold, brown, and red. At the top, there are stylized leaves in white and orange. The bottom left corner shows a branch with light green leaves. The bottom right corner features two acorns, one green and one red, on a gold background with white dots. A white rectangular area is centered, held by a brown paper tab at the top.

GRAND PRIZE

Participate in the

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for a chance to win! Winner will receive

\$200 CASH

to spend making memories this fall.



ENJOY THE *little*

THINGS IN LIFE... FOR ONE DAY YOU WILL
LOOK BACK AND REALIZE THEY WERE

big THINGS.



