



2024 Bestie Shining Moments Challenge

Join us for a **31 Day Challenge** to celebrate the small wins & shining moments that made your year brighter. Reflect, rejoice & get ready to step out of 2024 feeling empowered & **BRIGHT!**



Kayla Dawn
CREATIONS

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monthly message from bestie Dani

This month's theme introduced

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bestie gratitude glow up challenge

A 31-day challenge to celebrate the small wins & shining moments that made your life brighter

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grand prize information

Challenges are always fun, but prizes add in a little motivation!

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daily reminder

Print this quote out as a daily reminder of why you're doing this challenge!

hey bestie!

Welcome to the **Bestie 2024 Shining Moments Challenge!** I'm beyond excited to have you join us as we take a joyful journey together to reflect on and celebrate all the small wins and shining moments that made 2024 SO special.

This challenge is all about recognizing the little victories that often go unnoticed, but truly make life brighter. Every day throughout December, we'll focus on one meaningful moment, achievement, or joyful experience from the past year. Whether it's something big or small, each of these moments deserves to be celebrated!

Here's what you'll get from joining this challenge:

- **Daily Reflection Prompts:** Each day, you'll receive a prompt to help you reflect on your personal accomplishments, relationships, and moments of joy from the past year.
- **A Community of Support:** You won't be on this journey alone! Together, we'll share our reflections, lift each other up, and celebrate our progress.
- **End-of-Year Empowerment:** By the end of this challenge, you'll feel empowered, grateful, and ready to step into 2025 with a bright and positive mindset.

This is your time to shine, to reflect on how far you've come, and to embrace the magic of celebrating yourself. I can't wait to see the amazing things you've accomplished and to share in the joy of this journey with you!

Let's make this month our brightest yet - starting with celebrating all your shining moments from 2024!

love you!!!

xoxo Dani

Founder, Today's The Best Day



December



Join us for a **31 Day Challenge** to celebrate
the small wins & shining moments that made your life **brighter**

Week 1: Celebrating Personal Growth

- Day 1: What's a new habit or routine you started this year that has improved your life?
- Day 2: What's one personal goal you reached this year, no matter how small?
- Day 3: How did you step out of your comfort zone this year?
- Day 4: What's something you did this year that you never thought you could?
- Day 5: What is one positive change you've made for your physical or mental health?
- Day 6: How have you grown emotionally or spiritually this year?
- Day 7: What's a challenge you faced this year that you're proud of overcoming?

Week 2: Celebrating Relationships

- Day 8: Reflect on a new friendship or relationship you formed this year. How has it impacted you?
- Day 9: What's a special moment you shared with a loved one that you're grateful for?
- Day 10: How have you supported a friend or family member this year?
- Day 11: What's one way you've improved communication or connection in your relationships?
- Day 12: What's a small act of kindness you did for someone that made you feel proud?
- Day 13: Celebrate a time when you received help or support when you needed it most.
- Day 14: What's one thing you did this year to strengthen your closest relationships?

Week 3: Celebrating Professional and/or Personal Wins

- Day 15: What's a work-related or personal goal you accomplished this year?
- Day 16: How did you push yourself professionally or physically this year?
- Day 17: Reflect on a skill you've developed or improved at work or in your home this year.
- Day 18: What's one project or task you're proud of completing?
- Day 19: How have you contributed positively to your team or family?
- Day 20: What's something you did this year that made you feel more confident?
- Day 21: Celebrate a moment when you received recognition or praise for something you did.

Week 4: Celebrating Everyday Wins

- Day 22: What's a small, everyday task you mastered or became more efficient at this year?
- Day 23: What's one way you simplified your life this year?
- Day 24: Reflect on a time you took time for yourself and how it made a difference.
- Day 25: What's a routine or daily habit you're proud of sticking to this year?
- Day 26: How have you made your home or environment more enjoyable or peaceful?
- Day 27: What's something you did this year that helped you stay organized or on track?
- Day 28: Celebrate a time when you made a decision that brought more joy or peace into your day.

Week 5: Celebrating Moments of Courage and Resilience

- Day 29: What's one risk you took or something you did that scared you this year that paid off, even in a small way?
- Day 30: Reflect on a time you bounced back from a difficult situation - how did you find strength?
- Day 31: What's one brave decision you made this year that you're proud of?





GRAND PRIZE

Participate in the

2024 Bestie Shining Moments Challenge

for a chance to win! Winner will receive

\$200 CASH

to kick off the New Year!





THE MORE YOU
CELEBRATE YOUR LIFE,
THE MORE THERE IS
IN LIFE TO **CELEBRATE!**

